The advanced multidisciplinary laparoscopic trainer

“At our department we make extensive use of the LAP-X to complement our residents in their laparoscopic training.”

- Dr. med. Jan Klein, SLK-Kliniken Heilbronn, Germany
SIMULATION BASED TRAINING

For medical trainees and students to acquire essential medical skills and knowledge, exposure to live patients in realistic environments is necessary. However, this exposure to live patients is only possible when optimal treatment and patient safety can be assured. The need for both exposure to patients and said patients’ well-being form a challenge in medical education; a challenge which can be addressed by using simulation based medical training.

Not only does simulation based training lead to enhanced experience and improved confidence, it also prepares healthcare professionals for real interventions by simulating these interventions and their circumstances and environments as realistically as possible, as well as by making unlimited repetition of procedures and interventions possible. Skills can be developed and refined, while simultaneously preparing extensively for exposure to live patients.

Medical training with simulation based courses allows healthcare professionals to acquire necessary skills and knowledge in a safe and efficient environment. Technical skills can be learned as well as measured and assessed, making it a valuable step to becoming a certified healthcare practitioner. Simulation based training provides an ethical, safe and effective platform for training surgical interventions, whilst protecting patients from unnecessary risks.

INDIVIDUAL- AND TEAM TRAINING

When training to become a certified healthcare professional, not only knowledge and technical skills, but also confidence, attitude and self-assessment are of the utmost importance. Repetitive individual training enhances these important elements, allowing the healthcare trainee to perform repetitive rule- and knowledge based behavioral training. Simulation based training has also shown to improve self-assessment by offering an enhanced statistical evaluation of performances. However, solely training individually is not enough. Patient care has grown to be more complex and extensive than ever. Not only procedural skills and medical knowledge are required from healthcare professionals, but also leadership skills and the ability to communicate effectively with their team and with patients are of growing importance. The training of each individual member of a medical team needs to be brought together: every person has a role to play, and team members need to learn to be aware of their role as an individual in a team.

Team training can be performed during simulation training: simulation training has not only proven to be an efficient way of achieving technical proficiency, but also to be a valuable asset in the development of communication skills, leadership abilities and team work.

TYPES OF TRAINING

- Individual training
- Team training
- Technical skills
- Communication skills
- Leadership skills
- Team work
- Professionalism
- Clinical judgment

ABOUT MEDICAL-X

MEDICAL-X is a company specialized in the design, development, manufacturing, marketing and distribution of simulation products for medical teaching and training. MEDICAL-X is an innovative scientific company providing simulated training solutions in various medical specialties. Training exercises of MEDICAL-X’s simulators are developed with cutting edge technology combined with the professional input of expert physicians. The simulators fulfill the demand of healthcare professionals to be able to train clinical skills cost-effectively as well as time-effectively, in medical schools, universities, hospitals and skills centers outside the operating room and without risks to human patients.

CONTACT

USA / Latin America Office:
MEDICAL-X, 80 S.W. 8th Street
Suite 2000, Miami
Florida, 33130
T: +1 305 423 7180

Europe Office:
MEDICAL-X, Schiedamsedijk 77
3011 EM Rotterdam, The Netherlands
T: +31 10 341 59 27
F: +31 10 206 63 79

Email & Website:
E: info@medical-x.com
W: www.medical-x.com
Faster recovery, reduced patient discomfort, smaller incisions and smaller scars are, among other benefits, important elements that have made minimally invasive surgery (MIS) more common. Though MIS has obvious advantages, there are many factors that make these procedures difficult to perform: motion inversion, reduced haptic perception, limited visibility, reduced access, etc.

This is why simulation based training is of high importance when it comes to an effective and safe way of training for these difficult surgical interventions. Medical training with simulation based courses results in a shorter learning curve due to training in a realistic environment, which leads to potential decreases in medical errors.

LAP-X II aids to standardize, structure and complement hands-on skills training.

LAP-X II is suitable for anyone who is involved with MIS: surgeons, residents, students, operating room assistants and other healthcare professionals with specialties in general-, gastro-intestinal- and pediatric surgery, gynecology, urology and more. Users will have the opportunity to train in a controlled environment where mistakes can be made without harming actual patients.

For efficient medical training it is imperative that the training environment replicates realistic haptic perceptions of the procedure that is being executed. LAP-X II uses unique patented haptic feedback technology which delivers great precision and provides an important realistic sense of touch to the training exercises. The haptics are smooth, and gradually increase and decrease in strength and resistance, creating a life-like interaction. The sense of touch when interacting with the simulated anatomies adds an important element to MIS training. The ability to differentiate between different types of tissue, organs, cavities and anatomical substructures, which consist of extensive exercises, different anatomies and increasing levels of difficulty. Exercises can be incorporated in customizable training courses, with each exercise featuring a description and instructions, a video course, a 3D anatomical atlas and step-by-step virtual tips. Students have their own accounts, in which comprehensive scores, statistics and recorded videos of their performances can be reviewed and assessed by the user and by the instructor. The extensive statistical reports and recorded performance videos provide an effective way of tracking learning curves and training progress.

LAP-X II is available in different models, which can be used in training rooms, skills centers, workshops, seminars, (teaching) hospitals and universities. It is a flexible system, ready to be integrated with existing training programs, curricula and courses. Assistance is available for seamless integration or personalized solutions.

The LAP-X II software contains various modules, which can be used to acquire as well as maintain laparoscopic skills, making it a system suitable for trainees and students, as well as for doctors in residency training and a wide range of medical specialists. The LAP-X II can also be used as a warming up exercise before a real laparoscopic intervention.

The educational platform and customizable training courses of the LAP-X II allow for the system to be integrated in any curriculum or training program. Suitable for individual- as well as team training, the LAP-X II enhances knowledge and technical skills, and improves communicational skills and team work.

LAP-X II is suitable for anyone who is involved with MIS: surgeons, residents, students, operating room assistants and other healthcare professionals with specialties in general-, gastro-intestinal- and pediatric surgery, gynecology, urology and more. Users will have the opportunity to train in a controlled environment where mistakes can be made without harming actual patients.
LAP-X II Smart
LAP-X II Smart has a compact portable design which can easily and conveniently be placed on any table for training; the perfect solution e.g. in skills centers, workshops and seminars.

INSTRUMENTS
Various instruments required for different laparoscopic interventions are provided in the LAP-X II software. The instruments include a needle holder, bipolar scissors, forceps, a clip applier, a Maryland dissector, a coagulator, a sphere electrode, a LigaSure Atlas, an aspirator-irrigator device, an endobag extractor, an injection needle, a bipolar grasper, a needle electrode, an endoscope camera and more.

MULTIPLE INSTRUMENTS CAN BE INSERTED AND USED SIMULTANEOUSLY WHILE PERFORMING LAPAROSCOPIC PROCEDURES, AND THE INSTRUMENTS ARE INTERCHANGEABLE BETWEEN THE UNIVERSAL TROCARS. LAP-X II HAS A HIGHLY ACCURATE MOTION DETECTION SYSTEM: THE SIMULATOR FEATURES SIMULTANEOUS LONGITUDINAL MOTION TRACKING AS WELL AS ROTATION TRACKING OF THE INSTRUMENTS IN USE.
MODULES

**Basic skills**
- Control of camera with different viewing angles (0°, 30°, 45°)
- Hand coordination in space
- Instrument control skills
- Vessel clipping and capturing
- Endo clip applicator handling
- Instrument coordination in space
- Electrocoagulation operating skills
- Movement of objects in space
- Capturing of objects in space
- Movement of pins and objects on pins
- Endoscopic scissors control in both examination and training mode

**Suturing and knotting**
- Square knot tying left hand
- Square knot tying right hand
- Surgical knot tying left hand
- Surgical knot tying right hand
- Interrupted (loop) suturing technique
- Interrupted (loop) suture for curved incision
- Needle orientation in the needle holder
- Needle suturing left hand
- Needle suturing right hand
- Square knot tying on a thread without needle
- Surgical knot tying on a thread without needle
- Z-suturing
- Z-stitch overlaying
- Mattress suturing

**Cholecystectomy**
- Complete procedure
- Traction and dissection of the peritoneum
- Dissection of structures in Calot’s triangle
- Clipping and cutting of cystic artery and cystic duct
- Mobilization of the gallbladder

**Sigmoid Colon Resection**
- Cutting vessels, mobilization and intersection of the sigmoid colon
- Anastomosis

**Appendectomy**
- Complete procedure
- Acute phlegmonous appendicitis
- Acute appendicitis, abdominal effusions
- Gangrenous appendicitis with peritonitis

**Hernioplasty**
- Complete procedure

**Splenectomy**
- Reference mode

**Small bowel acute adhesive obstruction**
- Acute intestinal obstruction, adhesion on ileum
- Acute intestinal obstruction, adhesion on jejunum

**Diagnosis of abdominal cavity**
- Ovarian cyst
- Ectopic pregnancy
- Appendicitis

**Gynecology surgery**
- Tubal sterilization
- Tubotomy procedure in the isthmic of the right tube / tubotomy procedure in ampullar with active bleeding
- Tubectomy procedure

**Salpingo Oophorectomy**
- Reference mode

**Hysterectomy**
- Complete procedure
TECHNICAL SPECIFICATIONS

**LAP-X II Smart**
- Laparoscopic simulator + computer
- Two monitors - one of them touch-screen
- Three wireless laparoscopic instrument imitators (optional: extra instruments)
- Endoscope imitator
- Dual key foot pedal - one pedal for dissection, one pedal for coagulation

- Dimensions: two ports of 23x16x30 cm, one port of 14x9x30 cm
- Electrical: 110-240 V

**LAP-X II Expert**
- Laparoscopic simulator with wheel cart, instrument holder and built-in computer
- Two monitors - one of them touch-screen
- Two wireless laparoscopic instrument imitators (optional: extra instruments)
- Endoscope imitator
- Dual foot pedal - one pedal for dissection, one pedal for coagulation

- Dimensions: 55x100x180 cm (height is electrically adjustable)
- Electrical: 110-240 V

CONTACT

Email: info@medical-x.com
Website: www.medical-x.com

**USA / Latin America Office:**
MEDICAL-X, 80 S.W. 8th Street
Suite 2000, Miami
Florida, 33130
T: +1 305 423 7180

**Europe Office:**
MEDICAL-X, Schiedamsedijk 77
3011 EM Rotterdam, The Netherlands
T: +31 10 341 59 27
F: +31 10 206 63 79

**Official distributor of LAP-X II:**

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